

We Are Ancient, We Are Now Song Lyrics

1. We Are Ancient, We Are Now

We are ancient, we are now
We are remembering we know how. (4x)
I forgive you, I forgive me
Clear the dust so we can breathe. (3x)
We are ancient, we are now
We are remembering we know how. (2x)
We need the darkness, as we need light
Can't have a daytime without a night. (3x)
We are ancient, we are now
We are remembering we know how. (...fade)

2. I Will Be Gentle With Myself

I will be gentle with myself
I will love myself
I am a child of the universe
Being born each moment.

3. I'm Getting Over

I'm Getting Over
The feeling that I'm under (Echo)
Some of us got it bad, thinkin to feel good,
We must feel bad. (Echo)
Lay it down, lay it down, lay it down, lay it down
Lay your burden down. (Echo)

4. Crawling Out Of My Skin

Crawling out of my skin, shedding
Letting go of the old, making way for the new
Dying forever to be reborn
Dying forever to be reborn
Back to the mother, Goin' back to the mother,
Givin' back to the mother earth
Back to the mother, Goin' back to the mother,
Givin' back to the mother earth

5. Sisters You Give Me Courage

You help me unlock the love in my heart
And I am grateful, You help me unlock the
love in my heart, And I am grateful.
Sisters you give me courage to carry on
To open to, the strength I know inside
You help me unlock the love in my heart
And I am grateful, You help me unlock
the love in my heart, And I am grateful

6. Deep Down

I can cry from deep down (3x)
Oh so deep down
I can speak from deep down...
I can feel from deep down...
I can laugh from deep down...
I create from deep down...
I can sing from deep down...
I can love from deep down...
I am woman deep down ...

7. I Am Here For You

I am here for you, I am here for you,
I am here for you, I am here for you.
And you are here for me, You are here for me,
You are here for me, You are here for me.
Reach out and call me, Reach out and call me,
Reach out and call me, when you are in need.
I'll reach out and call you, I'll reach out and call you,
I'll reach out and call you, when I am in need.
I will touch your forehead, I will touch your hair,
I will touch your belly and I will touch your soul.
We're here to support you, We're here to support you,
We're here to support you, When you are in need.
I am here for you, you are here for me
I am here for you, you are here for me...

8. You Always Know

You always know, but you don't always
know that you know.
You always know, but you don't always
know that you know.
Listen to the old woman who lives by the well,
Believe that she speaks, take heed, she will tell you
Follow, follow what you know sister,
Follow, the words of the well.
Follow, follow what you know brother,
The truth will tell.

9. Can We Be Here?

Can we be here? Is it all right with you,
Spirits of the land? (4x)
Thank you for letting us be here.
We give thanks to you, Spirits of the land. (4x)

10. *One Voice, One Light*

One voice, one light, we are family
One voice, one light, we are family
Wishing each other well,
As we go through life's passages
Bringing our blessings we tell,
Of our love for each other.

11. *Power Is The Rite*

Power is the rite of the maiden
Power is the rite of the crone
Power is the rite of the mother
Together and alone.
Strength is the power of the maiden...
Truth is the power of the maiden...
Healing is the power of the maiden...
Singing is the power of the maiden...
Gathering is the power of the maiden...
Feeling is the power of the maiden...
Loving is the power of the maiden...

12. *Grace's Song*

The angels are callin', callin' our sister,
Callin' our sister home
The angels are callin', callin' our sister,
Callin' our sister home
like she's never flown before,
Into the light of the other side,
Without her body, she'll soar,
Without her body she'll soar,
And she'll be leading the way,
like she does for us now,
Guiding the way so gracefully,
She'll be leading the way, Showing the way,
Guiding the way with Grace.

13. *Illuminate My Heart*

Illuminate my heart, Take it out of the dark
So I can do your work, So I can do your work.

14. *Walking Hand In Hand With Spirit*

Walking hand in hand with Spirit,
Each and every day
Walking hand in hand with Spirit,
I always know the way
Deep inside there is no hiding,
Only the truth that sets us free
Deep inside there is abiding,
Eternal harmony.

15. *Thank You For Calling Us*

Thank you for calling us all here together,
To share the gifts that you've bestowed.
Oh oh oh...Oh oh oh...

Child of the Universe • Author Unknown

All other songs by Copperwoman

©1998 Two Thumbs Up Publishing (ASCAP)

Kate Lundquist: Backup vocals on all songs except

"I am here for you" & "Grace's Song"

Michael Ehlers: Backup vocals on "Power is the Rite" &

"You Always Know"

Copperwoman: All lead vocals, guitar & hoop drum

Copperwoman aka: Carolyn Saso